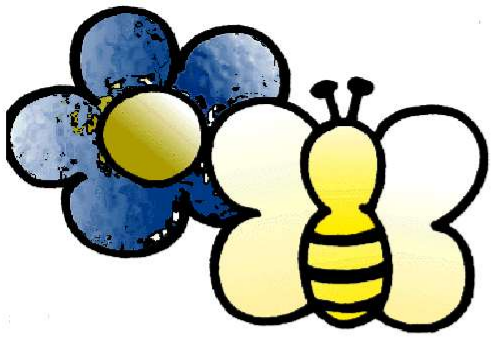
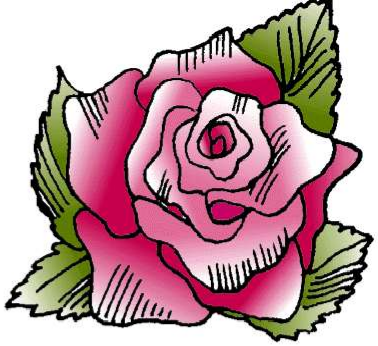


August

St Paschal



Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
4	5	6	7	8	
		13	14	15	
18	19	20 BAKED CHICKEN TENDERS SMILEY FACE POTATOES FRESH VEGGIE CUP RICE KRISPY TREAT .	21 BUTTERED NOODLES GARLIC BREADSTICK VEGGIE STICKS & Ranch mini carrot / celery stix DICED PEACHES .	22 SLICE OF PIZZA ROMA CHEESE PIZZA SOFT WHEAT PRETZEL STICK Garden SALAD VANILLA PUDDING . LOW FAT RANCH OR ITALIAN	***Cal*** ***694*** ***T.Fat*** ***19.52 G (25.3 %)*** ***S.Fat*** ***5.1 G (6.6 %)*** ***Carb*** ***104.99 G (60.5 %)*** ***Prtn*** ***25.76 G (14.9 %)***
25 CHICKEN NUGGETS CHEESY MAC AND CHEESE VEGGIE STICKS (carrot/ celery sticks) FRUIT CUP .	26 GRILLED CHEESE SANDWICH TATER TOTS FRESH FRUIT OF THE DAY **SUGAR COOKIE .	27 Mini EGGO Pancakes TURKEY SAUSAGE LINK Potato of the day APPLESAUCE .	28 BUTTERED NOODLES BOSCO CHEESY BREADSTICK VEGGIE STICKS & Ranch mini carrot / celery stix DICED PEARS .	29 SLICE OF PIZZA ROMA CHEESE PIZZA SOFT WHEAT PRETZEL STICK Garden SALAD CHOCOLATE PUDDING . LOW FAT RANCH OR ITALIAN	***Cal*** ***738*** ***T.Fat*** ***22.00 G (26.8 %)*** ***S.Fat*** ***7.1 G (8.7 %)*** ***Carb*** ***108.92 G (59.0 %)*** ***Prtn*** ***28.51 G (15.5 %)***